

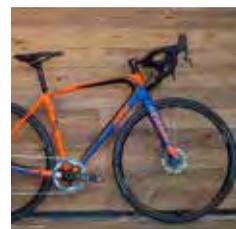


GRAVEL GRINDING CAPITAL OF THE WORLD

Emporia is the epicenter of the gravel cycling world. Explore hundreds of miles of roads and trails in the epic Flint Hills. Every year, thousands of cyclists test themselves in one of the last remaining Tallgrass Prairies in North America and enjoy breathtaking scenery, solitude and pure freedom. Prepare to be amazed.

GET GEARED UP

No trip to a cycling-oriented city is complete without a stop at the local bike shop. Emporia is home to three!



ECLECTIC BIKES

A specialty retail bicycle shop featuring new and unique bicycles from past eras, dedicated to matching the right bike to the right person. Rentals are available.

823 COMMERCIAL STREET, EMPORIA



GRAVEL CITY ADVENTURE AND SUPPLY CO.

Start your gravel adventure at Gravel City. From beginners to pros, they will help cyclists find the right bike and gear to tackle the Flint Hills.

716 COMMERCIAL ST, EMPORIA



HIGH GEAR CYCLERY

High Gear Cyclery offers big city selection and friendly small town service. With a passion for cycling, they will help cyclists find the bike of their dreams.

520 COMMERCIAL ST, EMPORIA



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Cycling EMPORIA



EPIC ROUTES! WORLD CLASS RACES! GEAR!
Ride This Way



Emporia, Kansas is home to an avid cycling community and the surrounding Flint Hills offer some the best and most challenging gravel road cycling opportunities in the nation. With hundreds of miles of roads and trails for endurance cyclists to choose from, it's no wonder Emporia is "the Gravel Grinding Capital of the World!"

The first weekend after Memorial Day, over 2,500 cyclists from across the globe descend on Emporia for the Dirty Kanza. The grueling 200-mile bike race through the beautiful and rugged Flint Hills is one of the top endurance races in the world. Come experience the same routes as the Dirty Kanza anytime of year.

RIDING THE FLINT HILLS

Whether you are training for a gravel race, or you want to take a leisure ride and just enjoy the outdoors, the beautiful Flint Hills of Kansas is the place to be. While traveling through the Flint Hills you can enjoy 40 grass species and 800 species of wildflowers, hundreds of species of birds and mammals, along with native stone fences, historic barns and bridges, memorable towns, breathtaking views, and quiet serenity.

Because the tallgrass prairie of the Flint Hills is the rarest of North American ecosystems, we respectfully ask that you:

- Please don't climb fences or open gates. Most of the land is privately owned. Be respectful and stay on public roads.
- Be careful with matches and cigarettes to prevent wildfires.
- Take photos of wildflowers and leave the blooms for all to enjoy.
- Keep the roads clean. Thank you for not littering.

SINGLE TRACK TRAILS

Emporia has more than gravel. For mountain bike lovers, Camp Alexander features 4.3 miles of singletrack trails with a wide variety of terrains. Or ride the recently opened Cottonwood River Trail, with the trail head at the All Veterans Memorial.

BIKE STATIONS

Unexpected flat or need a quick repair? Bike repair stations are located around town, including at the All Veterans Memorial, Emporia State University and the parking lot at 8th Ave. and Merchant Street.

ICONIC ROUTES

The endless unpaved stretches of the Flint Hills are perfect for people who want to test their limits. The Iconic Route Series by Dirty Kanza Promotions offers the perfect ride, regardless of your skill level.

MURDER ORDAINED

Despite its ominous name, 'Murder Ordained' is a very tame, beginner-friendly route. It is nearly pancake flat with only 249 ft. of climbing over the 13.8 miles.

BEGINNER // 13.8 MILES

FLINT HILLS NATURE TRAIL

The Flint Hills Nature Trail is the seventh longest rail-trail in America, and the longest trail in Kansas. This particular section is set up as an out and back starting and ending in Admire.

BEGINNER // 18 MILES

COUNTY SEAT RUN

This route takes riders to the town of Americus. Because the route from Emporia to Americus and back stays close to the Neosho River, riders won't encounter a lot of climbing, making this a great exploratory ride for gravel enthusiasts of all abilities.

BEGINNER // 26.9 MILES

VITAMIN G

Get a dose of "Vitamin Gravel" on this route that introduces riders to the Flint Hills. This route does encounter Minimum Maintenance Roads (MMR), which are typically dirt. This route may not be suitable if conditions are wet, as these roads can turn to mud.

INTERMEDIATE // 32.1 MILES

KAHOLA KRUSHER

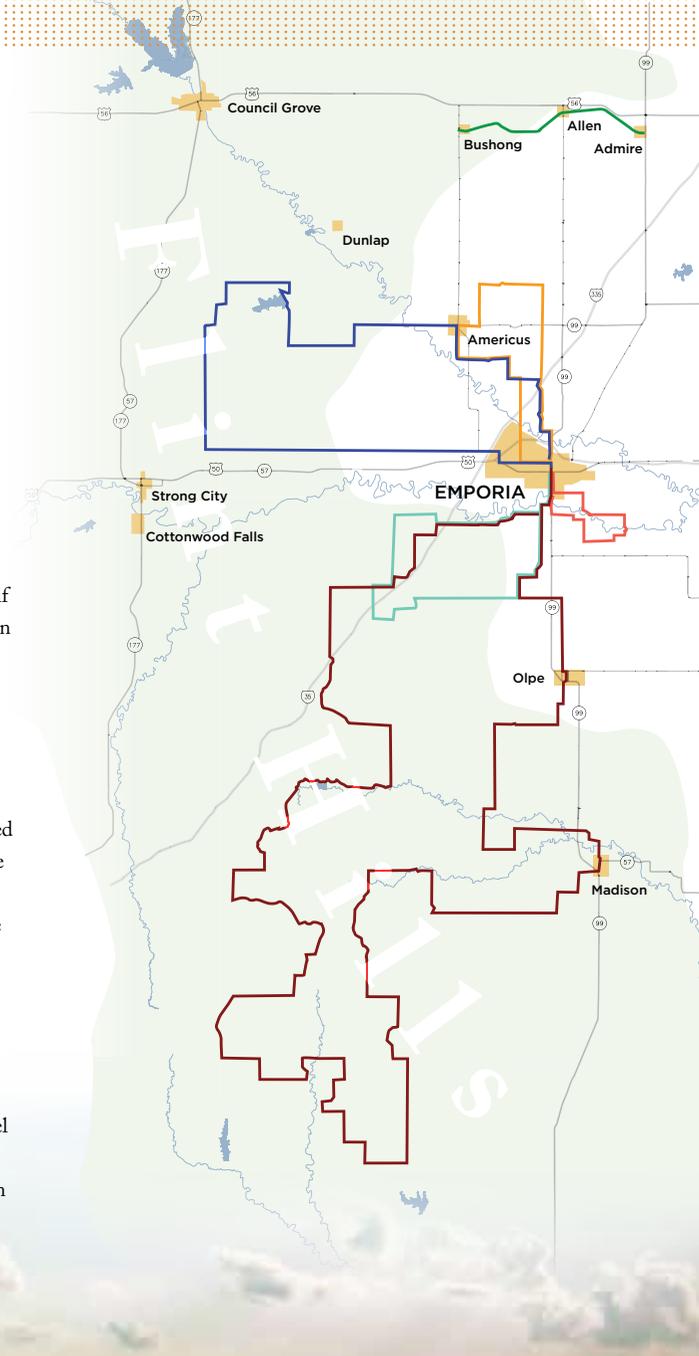
Many Dirty Kanza veterans know Kahola Lake quite well, as it is featured in the final leg of many editions of the famed gravel race. This scenic route will give riders the same taste of those hills without the epic distance.

INTERMEDIATE // 53.4 MILES

THE GRIND

This route is not to be taken lightly by even the most accomplished gravel riders. Riders will be completely on their own with little to no civilization in sight for the first 100 miles before arriving in the first town to resupply. Not for the faint of heart!

ADVANCED // 143.1 MILES



Find GPS or printable maps and more routes at dirtykanzapromotions.com